

Men's Psychotherapy & Personal Growth Group

Find your truth and power and how to create more of the life you want and need to give to your fullest....

THE HEALING CENTER, LLC

12 N Main Street, Suite 108

West Hartford Center

West Hartford, CT 06107

860-561-8727

www.thehealingcenter.us

www.virtual-addiction.com

Come join a group of Men who are interested in:

- **Increasing Self-awareness and Life Satisfaction**
- **Developing greater intimacy and honesty in personal relationships**
- **Dealing with addictive and compulsive behaviors:
(Alcohol, Drugs, Sex, Internet, Work, Gambling, Spending)**
- **Understanding your motivations and behaviors more completely**
- **Developing a greater sense of balance, comfort, and joy in all aspects of your personal, spiritual, emotional, and physical life
(Feeling more comfortable in your own skin)**

Group is led by Dr. David Greenfield, who has been leading Men's groups for over 15 years.

When: Tuesday evening

Time: 5:15 to 6:45 pm

Cost: \$87.50 per session, prepaid at the beginning of each month

(Some health insurances may provide reimbursement and we will assist with submission; please ask for details)

Commitment: This is an on-going group. Participants may join at any time and stay in the group as long as it is helpful to them. Members are asked to make a minimum 3-month commitment, with a 4-week discontinuation notice.

For more information, please contact Dr. Greenfield @860 561-8727 or dave@thehealingcenter.us